

**TRACK NAME**

Guide to Southwestern Green Living – Natural Awakenings

SESSION NAME

Food System in Danger – GMOs and Other Concerns

DATE + TIME + ROOM NUMBER

Saturday September 6th – 10:10am – 101B

SESSION DESCRIPTION

The US government proclaims that genetically modified (GM) foods are no different from their natural counterparts. This is a political, not a scientific assertion. Nearly every independent animal feeding safety study on GM foods shows adverse or unexplained effects. No study has looked at the effect of GM animal feed bioaccumulating in milk and meat products. No study has looked at the effects upon humans. Corn is everywhere in our diet – in fast foods, sodas, manufactured foods, and almost anything which is sweetened – and the produced in this country is almost all genetically modified. The genetic material in soybeans that make them herbicide tolerant has been found to have transferred into the DNA of human gut bacteria, which continue to multiply in our gut. What are the downstream effects? We do not know. We can vote with our pocketbooks and our feet, if we are willing to give up the convenience of “food” in a can.

PRESENTER(S)

Doctor Martha Grout – Arizona Center for Advanced Medicine

PRESENTER BIOGRAPHY(S)

Martha Grout, MD, MD(H), has two decades in emergency medicine and a decade in homeopathic medicine. She serves on the Arizona Board of Homeopathic and Integrated Medicine Examiners. She is Board Certified in Medical Acupuncture. Her holistic medical practice, the Arizona Center for Advanced Medicine, was built as an “environmentally friendly” building.

CONTINUING EDUCATION CREDIT (CEU)

N/A