

**TRACK NAME**

Guide to Southwestern Green Living – Natural Awakenings

SESSION NAME

Health and Environmental Impacts of Cleaning and Personal Care Products

DATE + TIME + ROOM NUMBER

Saturday Sept 6th – 2:00pm – Room 101A

SESSION DESCRIPTION

Think your cleaning products only affect how clean your house is? Think again. From cleaning products to personal care, everything that we breathe or touch affects our health, and our planet. Exposure to these products has been identified as a key factor in the aging process, even if someone else cleans your home! By creating an awareness of the dangers, we can become better consumers and reap the benefits of health. We'll identify some good resources, and find comfort in knowing that you don't have to compromise quality to do the right thing for you, your family, and the earth.

PRESENTER(s)

Stacy Wilde – Nature's Harmony

PRESENTER BIOGRAPHY(s)

Having spent 15 years in management consulting and organizational development, Stacy has invested the last 5 years focusing her energy on finding alternatives to "the typical stuff". She educates consumers on making healthier choices with their dollars. Stacy believes you can live in nature's harmony without compromising on quality, and impact the world every time you shop. She is the owner of Exotic Pools, Inc., Nature's Harmony a distributor of Shaklee products, a Founding member US Green Chamber of Commerce, and recently published a guide for greener living called, "Being Green w/o Money".